



Supporting and strengthening relationships

Our Mission

To provide services and resources that help young children and families recover and heal after stressful and traumatic events



Research



Partnering with Families



Training



Partnering with Families

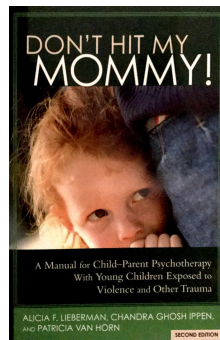
[Learn More](#)



Sharing Resources

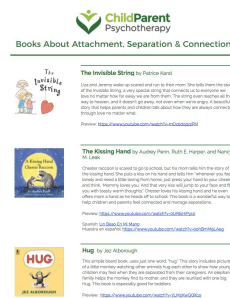
CPP RESOURCES

Visit the CPP Resources page for more free resources, like our CPP booklists for families with children under age 6.



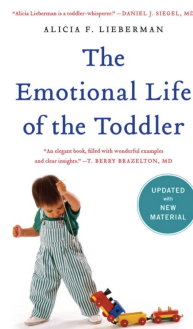
Don't Hit My Mommy (2nd Edition)

A manual for Child-Parent Psychotherapy with young children exposed to violence and other trauma



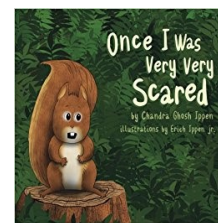
CPP Booklists

Recommended books by topic (e.g. emotion regulation, honoring differences, attachment, separation & connection)



The Emotional Life of the Toddler (2nd Edition)

A detailed look into the varied and intense emotional life of children aged one to three



Once I Was Very Very Scared

This book was written to help young children who have experienced stressful or traumatic events

