



Perinatal Mental Health Network Scotland
National Managed Clinical Network

Annual Report
2020/21

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Perinatal Mental Health Network Scotland (PMHNS)

Executive Summary

This has been a challenging year for women, infants and families, and for the services which support them. We know that the Covid-19 pandemic and resulting lockdown has significantly restricted the social engagement which is so important for families during the perinatal period. Clinical services have had to limit their face-to-face engagement with patients and family support has been more restricted.

There is evidence that these changes has had an adverse effect on women's mental health and have led to an increased demand for service provision ([Centre for Mental Health, 2021](#)). The Network has engaged with services to produce a Covid-19 guide for MBUs and to survey the effects of the pandemic on service provision and development in Scotland. What has been encouraging, for the Network's workplan, is that clinicians remain very keen to engage with the clinical forums and the majority of the Network's objectives for the past year have been achieved.

We are particularly pleased with the activities of the clinical forums which are the main conduit for clinicians to relate to, and influence, the Network. Establishing co-chairs for each forum has meant better 'ownership' by clinicians at large. They have also performed an important educational role in lieu of the cancelled annual meeting.

Much of the work has taken place in the background, such as the contribution of leads to the development of educational resources in collaboration with NES. However, we were pleased to be able to complete the publication of Wellbeing for Wee Ones and the Role Definitions papers. Other work on the five national care pathways (including accompanying animations), the clinical audit system database and the report on women with substance misuse, will come to fruition in the coming year.

Lastly, I would like to thank my colleagues within the Network for all their contributions throughout the year. The programme of work could not have happened without their ongoing effort. I am looking forward to continuing this work in the coming year.

Dr Roch Cantwell
Lead Clinician
Perinatal Mental Health Network Scotland

Introduction

This report outlines the progress and key achievements of the Perinatal Mental Health Network Scotland (PMHNS) during 2021/22.

Highlights

The PMHNS delivered 25 of its 26 workplan objectives during the reporting period 97%.

As the global pandemic unfolded the network and MBUs developed a process of what would happen in the event of the MBUs being impacted by the pandemic. The PMHNS COVID-19 plan is available at <https://www.pmhn.scot.nhs.uk/covid-19-guidance/>

The network undertook quarterly reviews of its programme of work and took the necessary steps to continue to progress it by moving its meetings and clinical forums to Microsoft Teams

Progress against the specific 2020-21 targets are set out against the six core principles of network, as detailed below and key highlights include:

1. Effective Structure

1.1 Perinatal Mental Health Network Review

PMHNS was established funded through Action 16 of the 2017-2027 Mental Health Strategy to fund the introduction of a National Managed Clinical Network (NMCN) to improve the recognition and treatment of perinatal mental health problems.

The findings of a routine review of the network to inform its future status and funding reported to the National Patient Public Reference Group (NPPRG) in February 2021 and the National Specialist Services Committee (NSSC) in March 2021.

The Independent Reviewers recommended continuation of the network with a multidisciplinary model of clinical leadership, not only to ensure the completion of the remaining work but also to maintain the network and integration of services across Scotland and where necessary to adapt to emerging evidence and new models of care.

The NPPRG's Chair praised the review with having an impressive portfolio of concrete outcomes coming from the network as well as a good example of how a review can add value to clinical services. Also noted was the importance of the spirit of these reviews and how they were received by the teams providing the care.

The NSSC endorsed the NPPRG's recommendation that the network should continue to be designated. The Scottish Government Health and Social Care Directorate (SGHSCD) committed to fund to fund the ongoing work of the network to March 2024.

The Review Report can be found at [Perinatal Mental Health Network Scotland \(PMHNS\) Review Report](#)

The PMHNS is managed through the National Network Management Service (NNMS) and is funded directly from the Scottish Government. Appendix 1 illustrates the Perinatal Mental Health Governance Structure

The network no longer reports its progress against Action 16 of the 2017-2027 Mental Health Strategy direct to SGHSCD; instead it provides regular updates on its activities through the Perinatal Infant Mental Health Programme Board (PNIMH-PB) Working Group (which includes representatives from the Scottish Government Perinatal and Early Years Mental Health Team).

1.2 Perinatal Mental Health Network Professional Leadership

NSD endorsed the continuation of the PMHNS professional leadership model whilst the PMHNS review was in progress and an extension of the Lead Clinician's tenure to 31st March 2022 to provide continuity and stability to PMHNS in line with advice to all networks. Following the retirement of the PMHNS Nurse Lead in November 2020, the professional leadership comprises of a Lead Clinician, an Infant Mental Health Lead and a Maternity Lead. (from NSD.). Further to the PMHNS review recommendation that the network should continue to have a multidisciplinary model of clinical leadership, the steering group endorsed the extension of the Infant Mental Health Lead and Maternity Lead tenures to 31st October 2021. The extension will provide stability whilst the network scopes what its future multi-professional leadership model should be.

During the reporting period the network's core team meetings and planning sessions have been extended to the co-chairs of the clinical forums and the Participation Officer.

2. Service Development and Delivery

2.1 Perinatal Infant Mental Health Programme Board (PNIMH-PB)

The PNIMH-PB delivery plan was launched in July 2020. The Lead Clinician and Infant Mental Health Lead provided network representation to the health board visits during August and September. The network developed and published 2 Service Specifications guides "A guide to service development for NHS boards, HSCPs and IJBs" in Specialist Community Perinatal Mental Health Services and Maternity and Neonatal Psychological Interventions which helped inform these visits <https://www.pmhn.scot.nhs.uk/professionals-2/service-development-guides/>

2.2 Care Pathways and Equity of Provision: Development of a universal perinatal mental health care pathways

During the reporting period the network completed its universal perinatal mental health care pathways:

- Preconception advice for pre-existing severe or complex mental health problems
- Psychological interventions for common or mild to moderate mental health problems
- Specialist assessment and intervention for severe or complex mental health problems
- Emergency or urgent assessment for acute risk
- Admission to an MBU
- Specialist assessment and intervention for mother-infant relationship difficulties

The completed care pathways will be published and made available on the PMHNS website.

Scottish Perinatal Mental Health Care Pathways

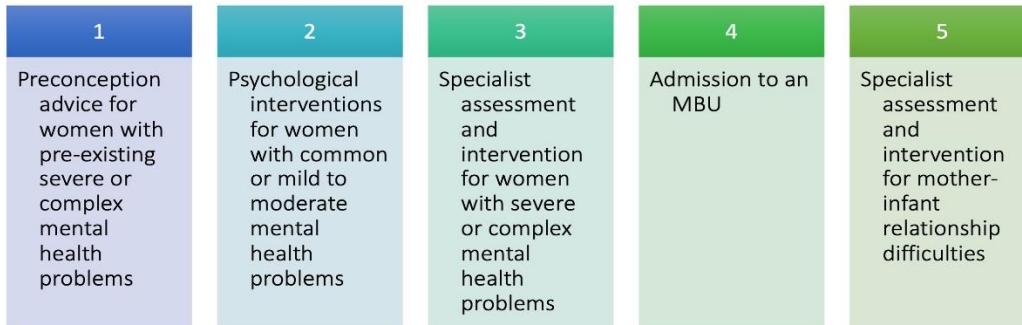


Image 1 The Scottish Perinatal Mental Health Care Pathways

2.3 Care Pathway animations



Image 2 Example of the MBU animation that has been developed

The network worked with Mallard Productions to develop animations that will accompany the care pathways. These animations complement the written care pathway information. During the reporting period the network members and its stakeholders were invited to provide feedback on the animations, which were then refined and redesigned to reflect the feedback received.

2.4 Role Definitions

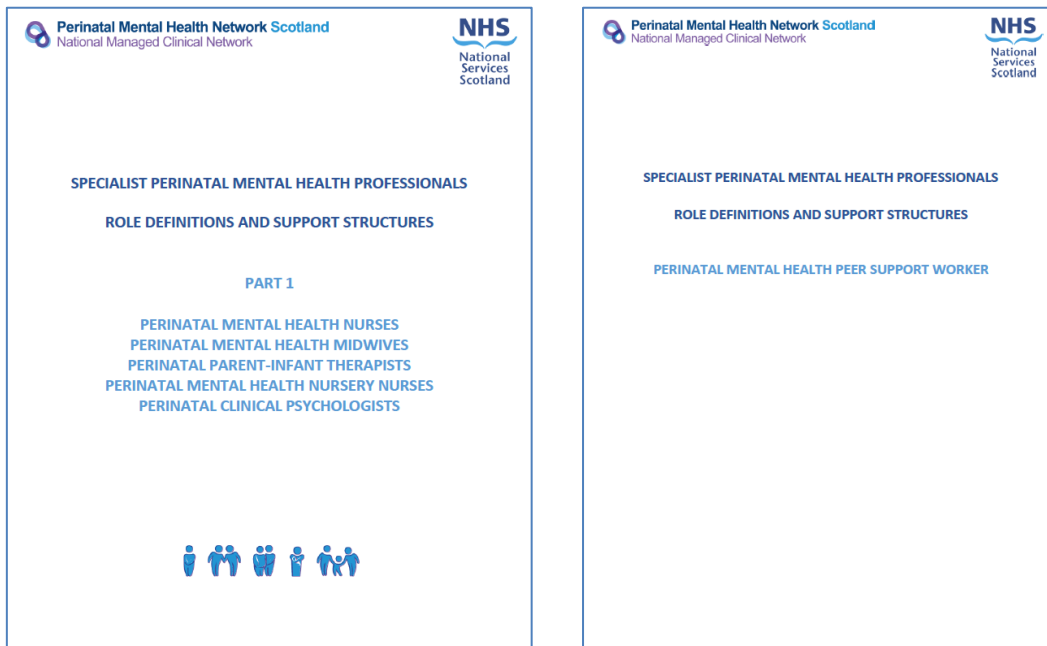


Image 3 Example of the PMHNS role definition available on the PMHNS website

During the reporting period the network completed the remaining 2 role definitions

- Occupational Therapist
- Psychiatry

The completion of these role definitions accompanies the completed 6 professional role definitions.

- Perinatal Mental Health Nurses
- Perinatal Mental Health Midwives
- Perinatal Parent-Infant Therapists
- Perinatal Mental Health Nursery Nurses
- Perinatal Clinical Psychologists

The role definitions are available at: [Role Definitions – Perinatal Mental Health Network Scotland](#)

2.5 Clinical Assessment Tools

Through the clinical forums the network collated what assessment, discharge and clinical assessment tools are used in Perinatal Mental Health Services. This work was halted in December to enable the network to progress developing a Perinatal and Infant Mental Health Clinical Audit System (CAS) that was progressed through a series of short life working groups.

2.6 Mother and Baby Unit (MBUs) COVID-19 Plan

In response to the COVID -19 pandemic, the network and MBUs developed a plan for what would happen in the event of the MBUs being impacted by the pandemic. The PMHNS COVID-19 plan is available at <https://www.pmhn.scot.nhs.uk/covid-19-guidance/>

At the start of 2021 members of the 2 MBUs and the PMHNS Lead Clinician met to refresh the original guidance, which once updated will be published and made available on the PMHNS website.

2.7 Needs Assessment for Women with Substance Misuse

The Infant Mental Health Lead and Maternity lead collected information regarding clinical care pathways for substance misusing women in maternity services. The leads also explored what health, local authorities and third sector provisions are available to support families with a range of adversities, including substance misuse.

The review report summarises some key policies and practice guidance in relation to services for women using alcohol and drugs in the perinatal period. Information about the scale of the problem and its effects on women and their infants is presented. There is a brief summary of existing services by health board area along with conclusions and proposed recommendations.

The network plans to use the report as a basis for an event bringing professionals and those lived experience together to explore models of improved service provision for women, and their infants, with substance misuse in the perinatal period.

3. Stakeholder Communication and Engagement

3.1 Clinical Forums

The 5 clinical forums (Mother and Baby Unit; Community Perinatal Mental Health Team; Psychological Interventions; Maternity and Neonatal Psychological Interventions and Infant Mental Health) work independently and in collaboration with each other to progress the networks program of activity. During the reporting period, clinicians who work in Perinatal Mental Health had the opportunity to become a co-chair of the clinical forums; these roles are the conduit to the network and clinical colleagues. The forums have also provided an opportunity for clinicians to share good practice as Perinatal Mental Health Services develop in the boards.

3.2 Website

During the reporting period the PMHNS website was refreshed and refined and includes a section titled "Developing Effective Services" which provides network members and its stakeholders with resources to enable them to develop Perinatal Mental Services, as outlined in the *Delivering Effective Services: Needs Assessment and Service Recommendations Report for Specialist and Universal Services.* <https://www.pmhn.scot.nhs.uk/wp-content/uploads/2019/03/PMHN-Needs-Assessment-Report.pdf>

3.3 Newsletters

During the reporting period the network issued 4 newsletters to its network members and stakeholders. The newsletters provided information of work that the network and its partners had undertaken.

3.4 Twitter

The network continued to use social media to communicate and engage with the Perinatal community and its stakeholders. The network's Twitter following has continued to increase; in March 2021 the network was tagged by a service in Australia (image 5) that supports parents of babies and toddlers in the first 1000 days. The service promoted the network and the work of Parent Club for Infant Mental Health and illustrates the far reaching impact that Twitter has in promoting awareness of perinatal and infant mental health and the leading work it undertakes.

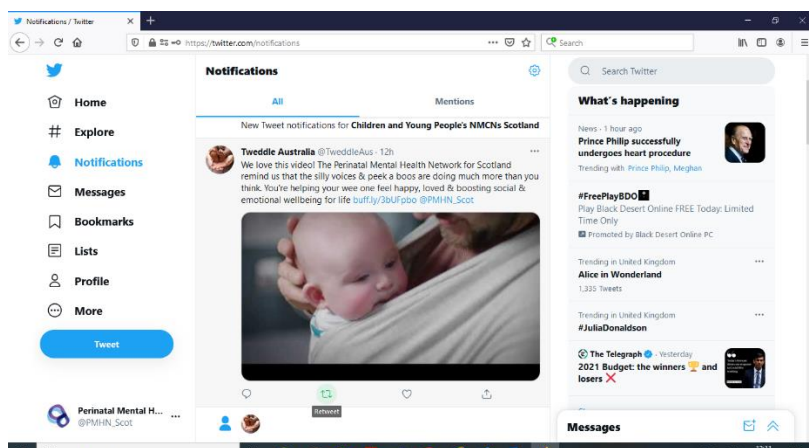


Image 4 Image of Tweet from support service in Australia linking back to the network

At the time of writing this report the network had 1615 followers which was an increase of 55.58% from the previous reporting period.

4. Education

4.1 Annual Event

Due to the global pandemic the network's annual event was cancelled. During the reporting period, the clinical forums became the mechanism for education and training by co-ordinating peer reviews and case discussions.

4.2 National Education Scotland "Essential Perinatal and Infant Mental Health" e-learning modules

Through the network NES collaborated with perinatal colleagues to produce a suite of seven e-learning modules covering "essential" knowledge for staff working in perinatal and infant mental health (PIMH), available at <https://learn.nes.nhs.scot/10382/perinatal-and-infant-mental-health>

The modules take between 30 minutes and 45 minutes each to complete and were commissioned as part of the Scottish Government PIMH-PB service development. They modules were created to support the induction and Continued Professional Development (CPD) of staff working at enhanced and specialist levels, as outlined in the PIMH Curricular Framework.

A promotional video was created to help promote the modules to the wider mental health workforce <https://vimeo.com/504875416>

National Education Scotland (NES) reported that the numbers of people that have completed the modules continues to rise, as of March 16th 2021.

Name of module	N = people who completed modules	N = people who offered rating	Mean rating/5
1. Introduction	753	237	4.6
2. Keeping Baby in Mind	406	176	4.7
3. Stigma	356	116	4.8
4. Risk	205	88	4.6
5. Assessment	475	124	4.7
6. Interventions	204	84	4.6
7. Pharmacological Interventions	121	52	4.7
Total from all 7	2216	877	4.7

Image 5 NES Report that illustrates completed modules and mean rating for modules as of March 2021

NES provide a full report on the uptake of the modules quarterly. The MBU and NES Specialist Teams also receive updates on staff completing the modules.

4.3 Further support for staff induction

The NES Nursing, Midwifery and Allied Health Professional (NMAHP) directorate produced a webinar on 'Common complications of late pregnancy and early post-natal period' whilst the second webinar 'Infant health, development and feeding' for staff new to Mother and Baby Unit and Community Perinatal Mental Health Teams (CPMHTs) is being finalised. The first of these was successfully delivered to the West of Scotland Mother and Baby Unit team.

Follow on training (building on the Essentials modules) for new and existing Mother and Baby Unit (MBU) and Community Perinatal Mental Health Teams, is based around a series of case studies. The first cohort of specialist Perinatal and Infant Mental Health (PIMH) follow on training has taken place with staff from NHS Lanarkshire and NHS Greater Glasgow and Clyde. NES will be rolling out this training to specialist teams as they develop across the Boards and the clinical leads continue to make a significant contribution to the design and delivery of the follow-on training.

4.4 Infant Mental Health Workforce

NES meet with colleagues across most Health Boards to discuss the Perinatal and IMH training needs of their staff and start to develop training plans.

NES informed the network that 40 new practitioners commenced the Warwick University Infant Mental Health (IMH) Online course in March 2021 to accommodate those who were unable to secure a place in January 2021.

4.5 Universal Workforce

NES advised the network that the Institute of Health Visiting were successful in tendering for the Perinatal and Infant Mental Health (PIMH) Champions Training. They will provide three training events each for 20 participants across 2021. The first cohort, of Health Visitors and Midwives, from North of Scotland Health Boards were trained across two days in February.

5. Audit and Quality Improvement

5.1 Perinatal and Infant Mental Health (PN-IMH) Clinical Audit System (CAS)

As Perinatal and Infant Mental health services develop within NHS Scotland, collecting meaningful data that is able to provide information on the care and treatment women and their families receive is essential. During the reporting period the network has focused on data collected through the Clinical Audit System (CAS). By auditing the information currently collected in the system, the Clinical Forums identified that there were key areas missing and which the network should collect. In October the steering group endorsed a proposal to commission IT developers to extend the CAS by adding a core dataset tab to tie in with data currently held on the system. The requirements for this have been pulled into a specifications paper which will be sent to the developers to be worked on in the next financial year (2021/22). The Information Management Service (IMS) will test the new system before establishing a roll out plan to test with members of the data group.

The graphic below is a high level overview of patients, currently collected on the system for this financial year.

Admissions each Quarter by MBU

Apr 20 - Mar 21

MBU	Q1	Q2	Q3	Q4	Grand Total
ST. JOHN'S MOTHER AND BABY UNIT	8	13	13	12	46
WEST OF SCOTLAND MOTHER AND BABY UNIT	12	12	16	13	53

Image 6 Number of patients admitted to the Mother and Baby Unit (MBU) each quarter this year.

Total Admissions each Quarter
19/20 vs 20/21

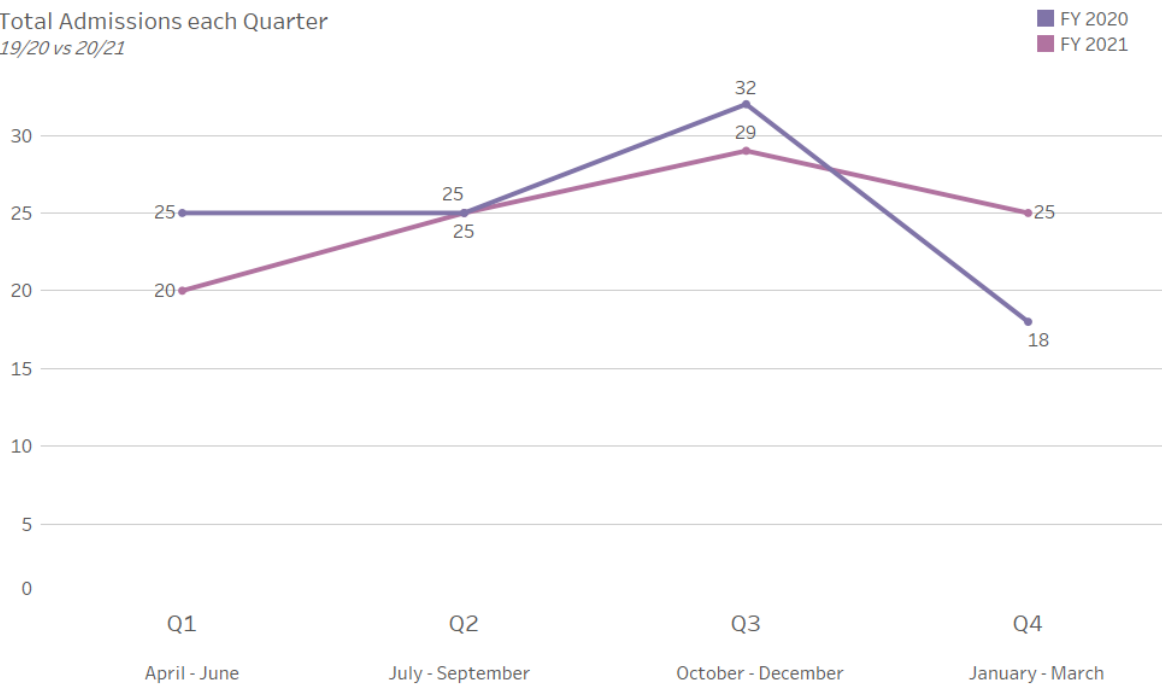


Image 7 Total number of patients admitted to a Mother and Baby Unit each quarter compared to the previous year. As you can see the pandemic had little effect on the number of admissions except for Quarter 4, January to March 2020, having a slight dip at the height/beginning of the pandemic (FY 2020 = 18).

Admissions by Health Board
Apr 20 - Mar 21

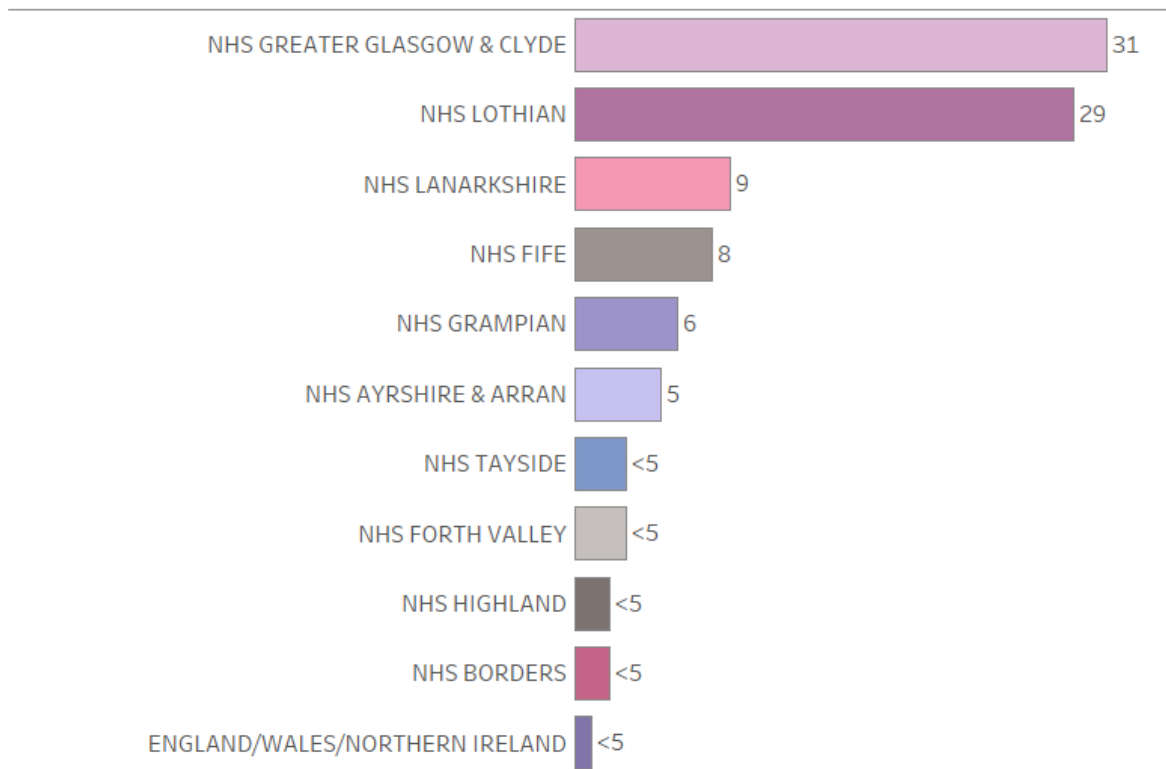


Image 8 Total number of patients admitted to a mother and baby unit split by Health Board.

6. Value

During the reporting period the network proactively responded to the pandemic by moving all its meetings and clinical forums to Microsoft Teams platform to enable it deliver 25 of its 26 objectives (as noted in appendix 2).

6.1 Annual Budget

In October the PMHNS steering group endorsed the network to progress developing the PNIMH data set and pay for its development from its allocated £5,000 budget. Due to the IT developers having pre-existing commitments they were unable to commence working on the PN-IMH CAS data set. Therefore, the network did not spend any of its allocated £5,000 annual budget.

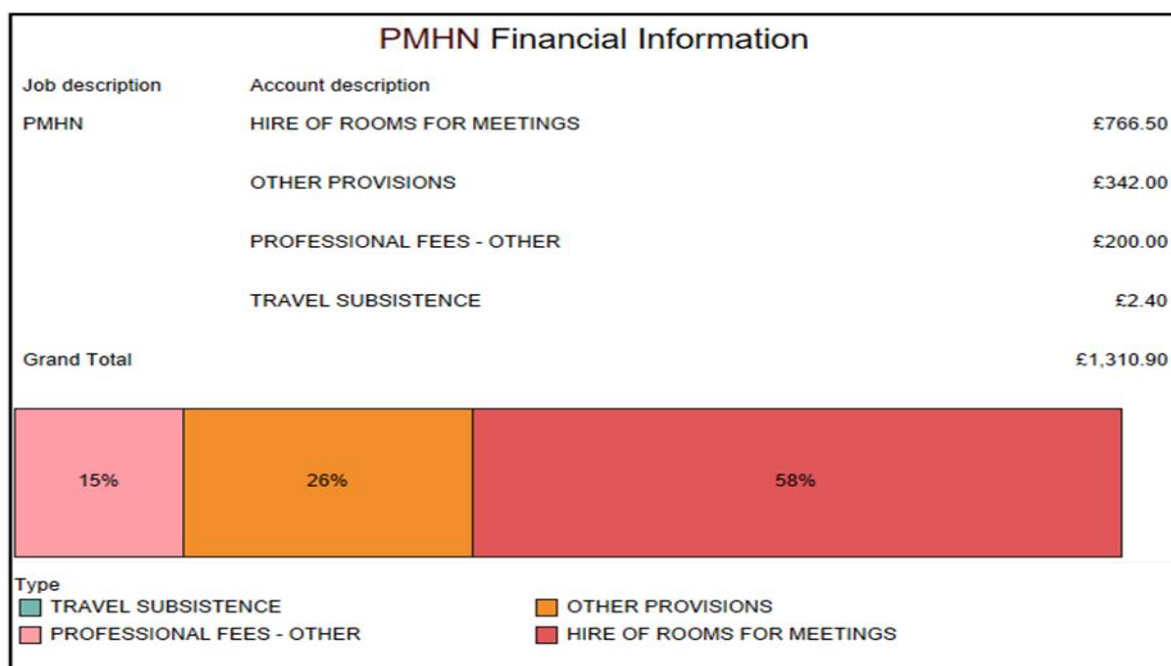


Figure 9 2020/2021 Finance breakdown

7. Risks and Issues

The network continues to have an extensive program of work during 2021-22. It is vital that the interdependencies and synergies with the Perinatal Infant Mental Health Program Board and the Strategic Perinatal Network (SPM) are closely monitored and aligned as required.

During the reporting period the Public Benefit and Privacy Panel Application halted during the reporting period due to COVID-19 applications being prioritised. The IT developers were unable to undertake developing the PN-IMH CAS during the reporting period

There is a risk that not having data will hinder the networks role in collecting and monitoring data to enable it to drive improvements in care and treatment.

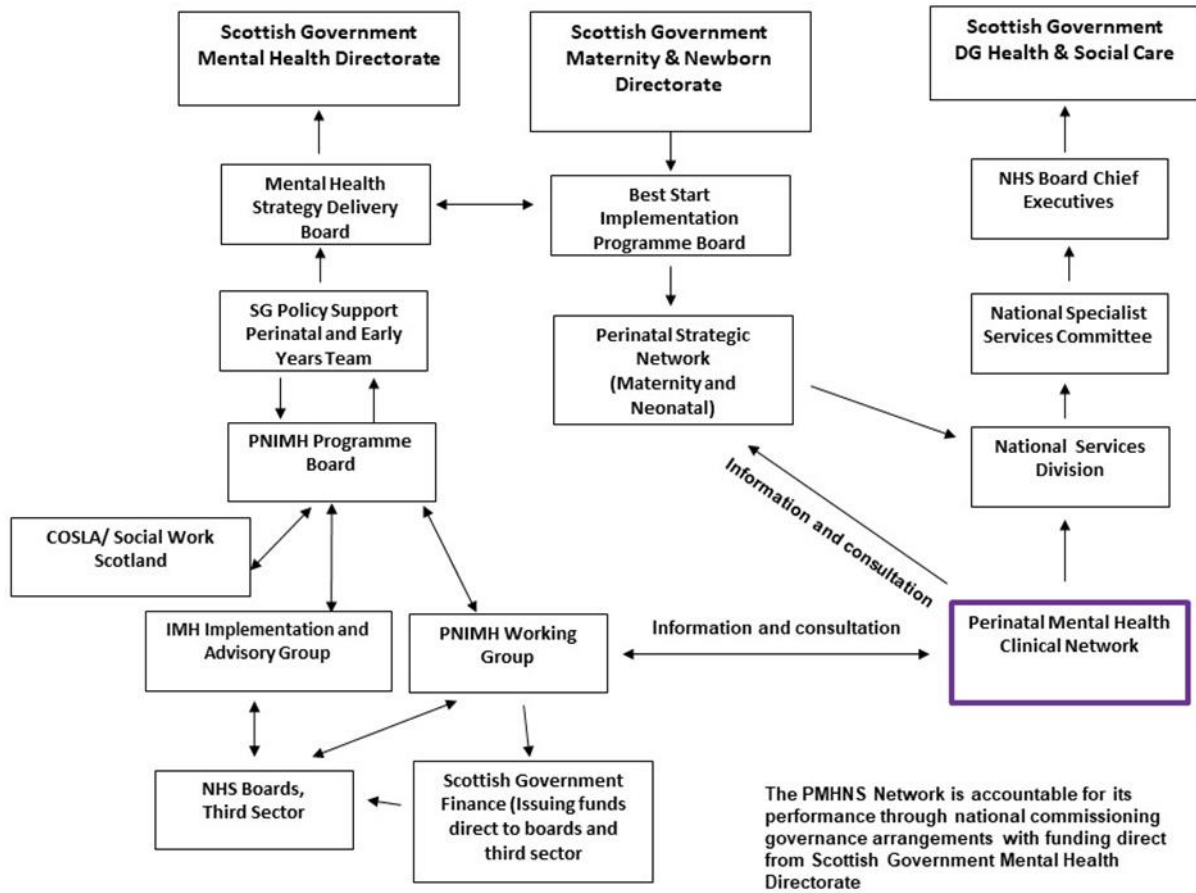
8. Looking Forward

2021/22 Business Plan Appendix 3b

- Review the multi-professional leadership and steering group membership
- Facilitate the 5 clinical forums to provide a vehicle for progressing the strategic 2021/22 workplan as well as an opportunity to share good practise.
- Publish the completed 5 care pathway and evidence their impact
- Complete the care pathway animations
- Publish the remaining PMHNS role definitions
- Complete the Social Work role definitions paper
- Publish the report on services for substance misusing women in the perinatal period and facilitate a round table event in Winter 2021 to identify and agree how the recommendations will be implemented. Prior to the round table event review report will be shared with the SG Perinatal and Early Years Team, Best Start colleagues and the Strategic Perinatal Network
- Complete the scoping exercise of clinical assessment and outcome measures used in PMHNS and make these available on the PMHNS website
- Undertake a scoping exercise of online resources that are used in PMHNS make these available on the PMHNS website
- Finalise the Perinatal Infant Mental Health (PNIMH) Clinical Audit System Data base – send to the developers and pilot and establish an effective reporting mechanism
- PNIMH CAS data manual user guide to be developed
- PNIMH CAS training to PMH services
- PNIMH CAS monthly data reports will be produced and issued
- PNIMH CAS “All Scotland Report” to be produced and issued
- Develop a Perinatal Infant Mental Health Clinical Audit System training guide
- Maintain the PMHNS website
- Twitter
- Reinstate PMHNS newsletters and publish in Microsoft Sway

Horizon Scanning –The network will provide a conduit for clinicians, services and women with lived experience to support the development of new PMH services and the remobilisation of existing ones.

Appendix 1 Perinatal Mental Health Governance structure



Appendix 2 - Perinatal Mental Health Network Scotland Workplan 2020/21

The workplan can be found on the PMHNS website - <https://www.pmhn.scot.nhs.uk/wp-content/uploads/2021/06/2020-21-PMHNS-WP-updated-March-21-Reported.pdf>

Appendix 3a - 2021/22 PMHNS Business Plan –Business as Usual Activity

Core Principle	Programme of Work
Effective Network Structure and Governance	<p>The network will write the Strategic PMH Work plan</p> <p>The network will write the PMH annual work plan and accompanying project templates</p>
Effective Network Structure and Governance	<p>The network will refresh the PMHN strategies</p> <p>The network will refresh the PMHN Terms of Reference</p>
Effective Network Structure and Governance	PMHNS Steering Group -The network will facilitate 3 steering Group meetings during 2021-22
Effective Network Structure and Governance	The network will present the PMHNS Review Report to NPPRG and NSSC. The PMHNS SPM will share the review recommendations with the PMHNS community and its stakeholders. The SPM will transfer the recommendations into a strategic work plan to facilitate phase 2 of the PMHNS program of work
Effective Network Structure and Governance	<p>The network will organise and facilitate PMHNS Core Team Meetings</p> <p>The network will facilitate core team meetings to progress the over-arching PMHNS program of work</p> <p>The SPM and PSO will meet to plan the program of activity to support the delivery of the PMHNS program of work. The SPM will meet with the PMHNS professional leads</p>
Effective Network Structure and Governance	During the reporting period the SPM / PSO will ensure that the finance is in place for the MDT leadership
Effective Network Structure and Governance	<p>During the reporting period the network will facilitate PMHNS Clinical Forums</p> <p>MBU</p> <p>CPMHT</p> <p>Psychological Interventions</p> <p>MNPI</p> <p>Infant Mental Health</p> <p>The clinical forums to progress PMHNS Service Deliver-Education and Training and CQI in PMH Services</p>
Stakeholder Communication and Engagement	The SPM will continue to work with the Strategic Perinatal Network to ensure that they are kept informed of synergies and interdependencies

Stakeholder Communication and Engagement	The SPM will attend the PN-IMPB working groups to ensure that they are kept informed of synergies and interdependencies
Stakeholder Communication and Engagement	Strategic Perinatal Mental Health Network
Stakeholder Communication and Engagement	The network will facilitate the PMHNS Specialist Maternity Meeting
Stakeholder Communication and Engagement	The network will facilitate the Occupational Therapy Meeting
Stakeholder Communication and Engagement	The network will issue Newsletters during the reporting period
Stakeholder Communication and Engagement	The network will continue to update and refresh the PMHNS Website
Stakeholder Communication and Engagement	The network will continue to use Social Media (Twitter) as a communication platform
Stakeholder Communication and Engagement	The network will ensure that all the completed animations are uploaded on the website

Appendix 3b - 2021/22 PMHNS Business Plan –Business Plan

Effective Network Structure and Governance	<p>Professional Leadership Model</p> <p>The network will undertake to review its Professional Leadership model</p>
Service Development and Delivery	<p>Universal Perinatal Care Pathways</p> <p>The network will publish the completed care pathways and explore and agree with the clinical forums how they will measure the impact</p>
Service Development and Delivery	<p>Universal Perinatal Care Pathways (Animations)</p> <p>The network will work in collaboration with Mallard productions to complete the animations and publish them on the PMHNS website</p>
Service Development and Delivery	<p>The development of perinatal role definitions</p> <p>The network will publish the completed role definitions and explore and agree with the clinical forums how they will measure the impact</p>
Service Development and Delivery	<p>Social Work Role Definition</p> <p>The network will complete the social work role definition</p>
Service Development and Delivery	<p>Review of Services for Substance Using Women in Pregnancy and the Postnatal Period</p> <p>During the reporting period the network will publish the review of substance misuse and facilitate a meeting in Autumn 2021 with key stakeholders to discuss and agree how the recommendations will be implemented in NHS Scotland</p>
Service Development and Delivery	Mother–Infant interventions
	<p>Clinical Assessment and Outcome measures The network will progress with the clinical forums what Clinical Assessment and Outcome measures are used in PMH and agree on a suite of ones to use</p>
Service Development and Delivery	<p>Online Interventions</p> <p>The network will progress with the clinical forums what Clinical Assessment and Outcome measures are used in PMH and agree on a suite of ones to use</p>
Service Development and Delivery	Interface with General Adult Psychiatry (Crises / HTT Education & Training)
Service Development and Delivery	Interface with General Adult Psychiatry (referral pathways to PNMHS)
Service Development and Delivery	Interface with General Adult Psychiatry (preconception responsibilities)

Service Development and Delivery	<i>COVID -19 Guidance for MBU's and CPMHTs</i> The network will ensure that is C-19 guidance is reviewed and up to date
Comms and Engagement Website	Collation of what support services are available in the MBU's CPMHTs
Comms and Engagement Website	Producing the Newsletters in Microsoft sway
Education and Training	Education Event The network will identify if it has capacity to facilitate an Education Event
Education and Training	NES Curricular Framework Modules The network will collate quarterly updates from NES on the uptake of staff who have completed the Perinatal Mental Health Curricular Framework
Education and Training	Education and Training: Medicine Guide for Primary Care
Education and Training	The Professional Leadership team will provide input to specialist team case-based training design and delivery
Audit and Quality Improvement	Scottish Patient Safety Programme SPSS –During 2020/21 the MBUs will have completed the QI projects with the SPSP
Audit and Quality Improvement	National Data collaborative The network will continue to bring together colleagues who collect MH and Maternity data so that there is a national picture of data to prevent duplication of data collection
Audit and Quality Improvement	Public Benefit and Privacy Panel(PBPP) The network will work with IMS to progress the PBPP application that was halted due to C-19
Audit and Quality Improvement	CQI Data PN-IMH Clinical Audit System During the reporting period the CAS SLWG and Clinical Forums will develop a PMHNS data set. The PMHNS will pilot the data set and embed it into PMHNS clinical services The data analyst will produce a training guide and collate and present the data to the clinical forums and steering group
Audit and Quality Improvement	Evaluating Service Development in the Boards -The network will capture what service developments are taking place on a bi-annually /quarterly basis (TBC)
Core Principles	Description of Work
Effective Network Structure and Governance	Professional Leadership Model The network will undertake to review its Professional Leadership model
Service Development and Delivery	Universal Perinatal Care Pathways

	The network will publish the completed care pathways and explore and agree with the clinical forums how they will measure the impact
Service Development and Delivery	Universal Perinatal Care Pathways (Animations) The network will work in collaboration with Mallard productions to complete the animations and publish them on the PMHNS website
	The development of perinatal role definitions The network will publish the completed role definitions and explore and agree with the clinical forums how they will measure the impact
Service Development and Delivery	Social Work Role Definition The network will complete the social work role definition
Service Development and Delivery	Review of Services for Substance Using Women in Pregnancy and the Postnatal Period During the reporting period the network will publish the review of substance misuse and facilitate a meeting in Autumn 2021 with key stakeholders to discuss and agree how the recommendations will be implemented in NHS Scotland
Service Development and Delivery	Mother–Infant interventions
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Service Development and Delivery	Online Interventions The network will progress with the clinical forums what Clinical Assessment and Outcome measures are used in PMH and agree on a suite of ones to use
Service Development and Delivery	Interface with General Adult Psychiatry (Crises / HTT Education & Training)
Service Development and Delivery	Interface with General Adult Psychiatry (referral pathways to PNMHS)
Service Development and Delivery	Interface with General Adult Psychiatry (preconception responsibilities)
Service Development and Delivery	COVID -19 Guidance for MBU's and CPMHTs The network will ensure that is C-19 guidance is reviewed and up to date
Commas and Engagement Website	Collation of what support services are available in the MBU's CPMHTs
Commas and Engagement Website	Producing the Newsletters in Microsoft sway
Education and Training	Education Event The network will identify if it has capacity to facilitate an Education Event
Education and Training	NES Curricular Framework Modules The network will collate quarterly updates from NES on the uptake of staff who have completed the Perinatal Mental Health Curricular Framework

Education and Training	Education and Training: Medicine Guide for Primary Care
Education and Training	The Professional Leadership team will provide input to specialist team case-based training design and delivery
Audit and Quality Improvement	Scottish Patient Safety Programme SPSS –During 2020/21 the MBUs will have completed the QI projects with the SPSP
Audit and Quality Improvement	National Data collaborative The network will continue to bring together colleagues who collect MH and Maternity data so that there is a national picture of data to prevent duplication of data collection
Audit and Quality Improvement	Public Benefit and Privacy Panel(PBPP) The network will work with IMS to progress the PBPP application that was halted due to C-19
Audit and Quality Improvement	CQI Data PN-IMH Clinical Audit System During the reporting period the CAS SLWG and Clinical Forums will develop a PMHNS data set. The PMHNS will pilot the data set and embed it into PMHNS clinical services The data analyst will produce a training guide and collate and present the data to the clinical forums and steering group
Audit and Quality Improvement	Evaluating Service Development in the Boards -The network will capture what service developments are taking place on a bi-annually /quarterly basis (TBC)