



VIDEO INTERACTION GUIDANCE

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RELATIONAL JOURNEY

- Positive observations
- Reflective
- Strength based
- Relational circles on interaction
- Door to deeper relational levels
- Combination with multiple therapeutic interventions



RELATIONS

Relational intervention



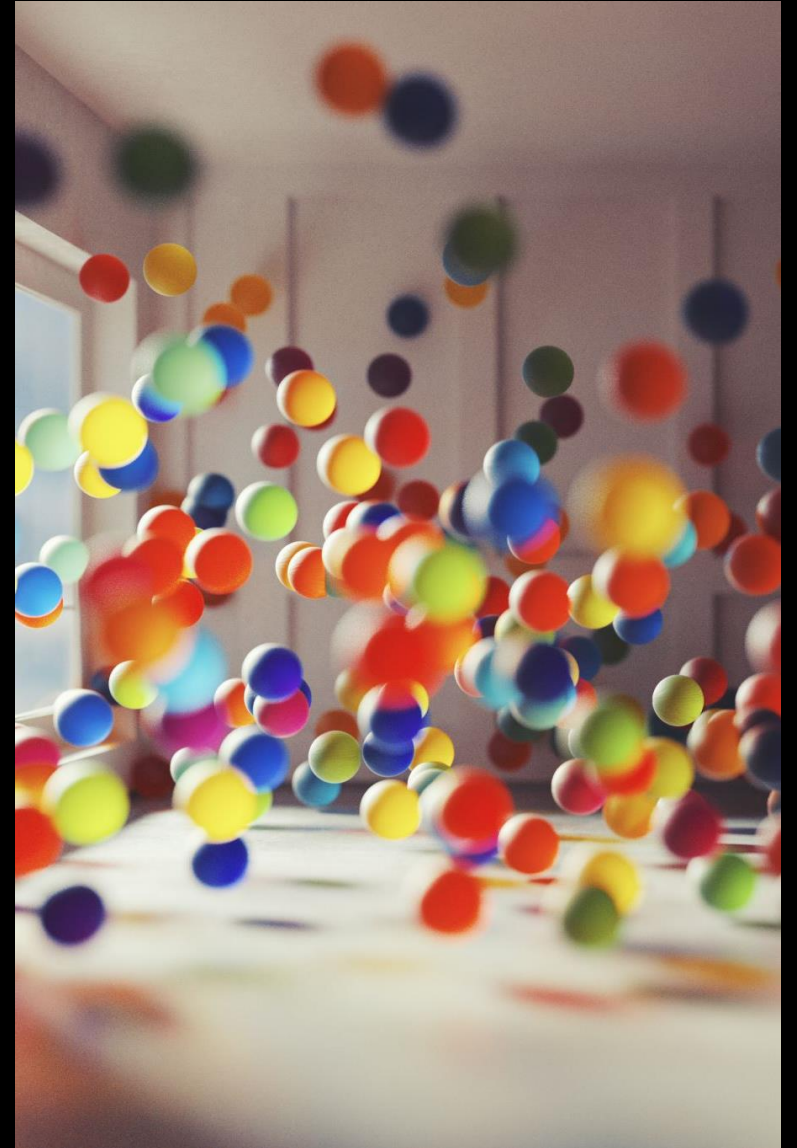
Mothers, fathers, carers, teachers are guided to reflect on their successful interventions



Based on principle that power of change resides on clients and their context

HISTORICAL CONTEXT

- Prof Colwyn Trevarthen “moments of vitality”/Communicative dance
- Video Home Training (Harrie Biemans 80-90s).
- Primary and secondary intersubjectivity
- Attunement “the harmonious
- VIG, Mellow Parenting, VPPS....



INITIATIVE

- Allowing space
- Being Attentive
- Encouraging
- Receiving initiatives
- Circles of interaction



ATTUNEMENT



- Body attunement
- Voice
- Emotional
- Response
- Serve return



DEEPENING



Curiosity



Relationships



Meaning discussion



PRACTICALITIES

- Meeting family/consent
- Goal setting
- Recording family interaction
- Edit of successful moments
- Show good moments and explore context
- 3 cycles or more

RESEARCH EVIDENCE

- Cochrane Review 2019 22 studies
- Parental sensitivity
- Attachment security



THANK YOU

Association of Video Interaction
Guidance UK

